

Well Child Check: 5 Year Visit

Your Child's Name: _____

Please answer the following questions. It will help your clinicians spend more time discussing those specific issues that concern you. PLEASE FILL OUT BOTH SIDES.

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|---|-------|---------|-----------|
| Can your child skip or jump? | Yes | No | Unsure |
| Can your child hold a crayon or pencil well? | Yes | No | Unsure |
| Can your child ride a bike? | Yes | No | Unsure |
| Can your child draw a person with face, body and limbs? | Yes | No | Unsure |
| Can your child draw letters or numbers? | Yes | No | Unsure |
| Does your child speak in full sentences? | Yes | No | Unsure |
| Does your child know at least 4 colors? | Yes | No | Unsure |
| Does your child recognize most letters? | Yes | No | Unsure |
| Does your child engage in make-believe play? | Yes | No | Unsure |
| Can your child explain the use of a ball or shoe? | Yes | No | Unsure |
| How many ounces of milk does your child drink in 24 hours? _____ oz. | Whole | Low fat | Nonfat |
| Does your child usually drink more than 6 oz. of juice or sweetened drinks daily? | No | Yes | Unsure |
| Does your child eat meat (such as fish, chicken, beef, or pork)? | Yes | No | Unsure |
| Does your child typically watch MORE than 2 hours of TV/Computer/Video games, etc. daily? | No | Yes | Unsure |
| Is your child toilet trained for both day and night? | Yes | No | Partially |
| Do you usually protect your child with sunscreen/hats/ other measures when outdoors? | Yes | No | Unsure |
| Does your child wear a helmet if he is riding a tricycle or bike? | Yes | No | Sometimes |
| Do you help your child brush his/her teeth twice a day? | Yes | No | Unsure |
| Does your child see a dentist at least once a year (every 6 months is best)? | Yes | No | Unsure |
| Does your tap water contain fluoride? | Yes | No | Unsure |
| Do you think your child will be ready for kindergarten? | Yes | No | Unsure |
| Are there guns at your home, or any home your child regularly visits? | No | Yes | Unsure |
| Does your child have access to a pool that does not have a locked gate? | No | Yes | Unsure |
| Do you have any other safety concerns at your home? If so, please describe: | | | |

Who provides day time care for your child?

Is your child on any medications or supplements, including fluoride or vitamins? If so, please list below:



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Risk Assessment for Tuberculosis Exposure/Infection:

Has a family member or contact had tuberculosis disease? Yes No Unsure

Since your child's last well check has a family member or contact had a positive tuberculosis test? Yes No Unsure

Was your child born in a high-risk country (Countries other than the United States, Canada, Australia, New Zealand, or western European countries)? Yes No Unsure

Has your child traveled to (or had contact with people who live in) a high-risk country for more than one week (Countries other than the United States, Canada, Australia, New Zealand, or western European countries)? Yes No Unsure

Risk Assessment for Abnormal Lipid Profile (such as high cholesterol):

Did any of your child's parents or grandparents have significant heart disease at or before 55 years of age (had a heart attack, stroke, angioplasty, angina, or bypass surgery)? Yes No Unsure

Do either of the child's parents have a cholesterol level of 240 or higher? Yes No Unsure

Do you have any concerns about your child's development, or any other concerns you would like to discuss with your provider? If so, please describe? Yes No

